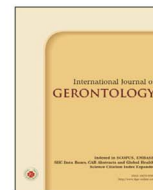




International Journal of Gerontology

journal homepage: <http://www.sgecm.org.tw/ijge/>



CME for 20.1

For the article: **Hospital-Based Combined Screening for Dementia and Depression in the Elderly: Implications for Early Mental Health Intervention**

- To detect mild cognitive impairment (MCI), the Ascertain Dementia 8 Questionnaire (AD8) has been validated as a sensitive tool. All of the following statements about AD8 are true except?
 - AD8 provides insights into functional decline associated with cognitive impairment
 - AD8 consists of eight items
 - AD8 is less influenced by cultural, educational, sex, and age factors
 - AD8 could be sub-classified as informant and participant-completed AD-8
 - All of the above are true
- Which of the following statement about five-item Brief Symptom Rating Scale (BSRS-5) is **NOT** true?
 - BSRS-5 is a tool for screening depression
 - BSRS-5 consists of five items measuring the severity of psychological symptoms across five domains: anxiety, depression, hostility (feeling easily annoyed or irritated), interpersonal sensitivity, and additional insomnia symptoms
 - The total BSRS-5 score ranges from 0 to 20. The cutoff point for detecting depression is set between 5 and 6 points
 - None of the above
- Which of the following statement in the elderly recruited from out-patient clinics of a university hospital is **NOT** true?
 - Substantial proportion of elderly were identified as having suspected dementia and suspected depression
 - Significant overlap between these conditions was observed within this population
 - After adjusting for age, male participants exhibited significantly higher AD8 and BSRS-5 scores compared to females
 - All of the above
- Which of the following statement in the elderly recruited from out-patient clinics of a university hospital is true?
 - The mean AD8 score increased significantly with age, reaching its highest level in the > 85 years age group
 - BSRS-5 scores were highest in the 75–84 years age group
 - By using AD8 and BSRS-5, a significant 7.2% overlap between suspected dementia and suspected depression among elderly outpatients was noted
 - All of the above
- Which of the following statement in the elderly recruited from out-patient clinics of a university hospital is true?
 - Among participants screening positive on AD8, those who also screened positive for BSRS-5 exhibited significantly higher mean AD8 scores
 - Among BSRS-5-positive participants, those who also screened positive on AD8 had significantly higher BSRS-5 scores
 - The presence of depressive symptoms may exacerbate cognitive decline, while cognitive impairment may contribute to affective distress
 - These results may provide a reference for making healthcare policy by integrating the screening for dementia and depression
 - All of the above

Issue date: January 1st, 2026

Expiration date: April 30th, 2026

Volume 19 Issue 4 Answers:

- (C)
- (C)
- (E)
- (E)
- (D)